

Sport at Solent Active Campus

Timetable 3 Feb – 6 Apr

Southampton
Solent
University

Monday	Social Rackets (Badminton, Table Tennis, Pickleball) 1pm – 2pm	Walking Football 5pm – 6pm Free
Tuesday	Staff Indoor Football 12 noon – 1pm	Social Rounders 4pm – 5pm
Thursday	Social Pickleball 1pm – 2pm	
Friday	She shoots – women's football 10am – 11am Free	Social Basketball 12 noon – 1pm
Sunday	Under the lights 6.30pm – 8pm	

 Session delivered by sports course students

 Session delivered by Solent Sport staff

What is Active Campus?

Active Campus is a fun, social and non-competitive activity program. All equipment is provided, simply turn up and play. All sessions are led by our friendly team.

Who can take part?

Open to Southampton Solent University students, staff and alumni. All abilities welcome.

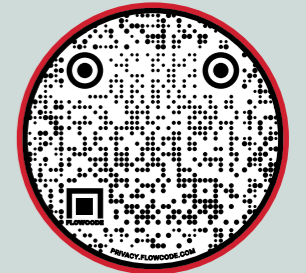
How can I take part?

Book on the Solent Sport App or turn up on the day.

5 sessions attended = Free T-shirt

Students, staff and alumni welcome.

All sessions take place in the **Sports complex**
Any questions, contact student.sport@solent.ac.uk



Download the Solent Sport App



Scan for more information

£2 per session or £5 monthly